Monogamy Board Game

A relationship-focused board game designed to build intimacy, communication, and connection.

Monogamy: A Hot Affair With Your Partner is an adults-only board game created to help couples reconnect emotionally and physically in a playful, structured way. The game gradually evolves from light and flirty to deeper and more intimate experiences. There are no winners or losers — only shared moments.

Preparations

Players: 2 (this game is designed exclusively for couples)

Game Components

1 Game board

2 2 playing pieces

3 1 die

4 Passion Level counter

5 50 Monogamy cards

6 25 Fantasy cards

Setup

1 Place both players on the Start space.

2 Set the Passion Level counter to Level 1.

3 Shuffle Monogamy and Fantasy cards separately and place them face down.

4 Before starting, openly discuss boundaries. Mutual consent is essential.

Gameplay

Players take turns rolling the die and moving clockwise around the board. Each space triggers a specific interaction or card draw.

1. **Talk** – Conversation-based prompts to deepen emotional connection.
2. **Kiss** – Gentle physical affection challenges.
3. **Touch** – Sensual, non-rushed intimacy prompts.
4. **Monogamy Card** – A mix of playful dares, roleplay, and deeper interaction.
5. **Passion Level Up** – Increase intensity (maximum Level 3).

Card System

1. Each card includes instructions for Passion Levels 1, 2, and 3.
2. Always follow the instruction matching your current Passion Level.
3. Some Monogamy cards unlock Fantasy cards.
4. Fantasy cards are typically used near the end of the game or saved for later.

If any prompt feels uncomfortable, couples are encouraged to pause, adapt, or skip it entirely.

Ending the Experience

The game usually concludes when both players complete a full circuit of the board and reach the Fantasy space. Draw one Fantasy card and decide together whether to enjoy it now or save it for another evening.

Take your time. Stay connected. Enjoy the experience together.